

strength and vitality. The reading will be on Saturday, May 30 at 4pm, in the Wardell Room. Light refreshments will be served. For more information, call 435-2838.

**BEFORE THE PARADE**

The Friends of the Library will have donuts, coffee, and lemonade

for sale in front of Scoville Library on Monday, May 25th, before the Memorial Day parade. All proceeds go to the Friends, who help fund additional programming and materials for benefit of the

Library and the community. The Friends continue to send mass market paperbacks to our deployed troops overseas. Action, adventure, and best sellers are most often requested.



**EXTRAS SUMMER FUN**

The EXTRAS summer program, for children ages 5-12, will run from June 29-August 14 (closed on July 3rd), 8am-5:15pm, at Salisbury Central School. The children will go to the Grove each day for swimming and fun. Program packets are available at Salisbury Town Hall, at EXTRAS, or in the main office of Salisbury Central School. The children of people who work in the town of Salisbury are qualified for this summer program. For more information, please call 435-9926.

**WHARTON & JAMES #s 5&6**

James Kraft presents his last two lectures in the series on the literary relationship of Edith Wharton and Henry James. On May 3 he will

discuss *Washington Square* and *Aspern Papers* by James, and *Old New York* by Wharton; on May 24, several short stories. Both talks will be at 4pm in the Wardell Room of the Scoville Library. Copies of the books and stories are available at the library. For more information, call 435-2838.

**MUSIC & GOLF EVENTS**

Save these dates in June for Housatonic Youth Service Bureau events: Saturday, June 6 at 2pm, "Music on the Mountain," and Monday, June 29, the annual Golf Outing at The Club at River Oaks in Sherman, CT. Applications for golfers and sponsors are now being accepted. For more information, visit [hysb.org](http://hysb.org).

**AARP DRIVER SAFETY**

A refresher course for motorists over age 50, Monday, May 4 & Wednesday, May 6, 8am to 12pm at the Lakeville Town Grove. Course will update driving knowledge, review the rules of the road, help drivers compensate for normal, age-related physical changes, and understand the effects of medica-

tions. Participants must attend both sessions and need not be AARP members. Those over 60 completing the course may save up to 10% on their insurance; check with your own company to see how much you qualify for. Fee \$12 per AARP member, \$14 non member, payable by check only to AARP at the first class. To register call Senior Services Director Mike Beck at 435-5191.

**BOOKS & FILMS AT THE SCOVILLE LIBRARY**

Alex Taylor will lead the discussion of the **Second Saturday Book Club** meeting on Saturday, May 9 at 4pm, of *Life Class* by Pat Barker. The **Mystery Book Club** will no longer be meeting, but the library will continue to recommend mysteries to fans of that genre. The **Film Society** will screen *Breathless* (unrated) on Sunday, May 10 at 7pm; running time, 90 minutes. The monthly **Film Evening** will show *The Blue Angel* (unrated) on Tuesday, May 26 at 5pm; running time, 94 minutes. All events are in the Wardell Room. For more information, call 435-2838.



**SALISBURY SAMPLER**

AMESVILLE, LAKEVILLE, LIME ROCK, ORE HILL, SALISBURY, TACONIC

**WHAT'S AHEAD**

Every 10 years our town is required by the state to create a new Plan of Conservation and Development (POCD), that is used by the Planning and Zoning Commission to guide growth and development in Salisbury. The commission is working on the new plan, which must be completed by 2010.

The current plan recommends measures to encourage local commerce, provide housing, and protect Salisbury's scenic and ecological features. The 2010 plan will incorporate new information on the need for affordable housing and ways to improve the local economy, as well as an itemization of the town's natural resources.

The Natural Resource Inventory is being conducted by a group of dedicated volunteers, many from the Salisbury Association, with guidance and participation from the Salisbury Conservation Commission. There will be a database and description of agricultural and forest lands; wildlife species and habitats; our wetlands, lakes, streams and rivers; geology and topography; scenic and historic features; it will include a full array of maps that will be available online. This inventory of ecological information, which may be used by other organizations, as well as interested landowners and residents, will be submitted to the P&Z for consideration in their 2010 POCD.



Other topics covered in the POCD, including housing and economic development in Salisbury, will be described in future issues of the *Sampler*. We are grateful for the many hours of volunteer time given to help guide the growth and maintain the unique qualities of our town.

Grateful Thanks to:  
**National Iron Bank**  
**Salisbury Bank & Trust**  
**Litchfield Bancorp**  
for supporting our Newsletter



**WHAT'S INSIDE**

**Page 2**

- Foreclosure Help
- Summer Rec Programs
- SOAR Quiz Bowl
- Education Grants
- Trade Secrets
- Musical Comedy

**Page 3**

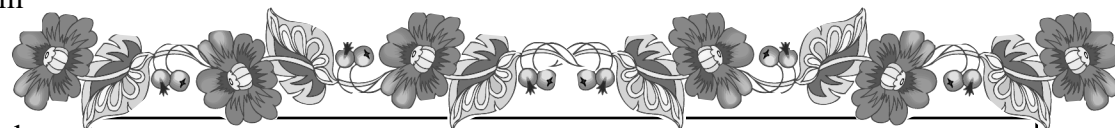
- School Budget Vote
- Camp Scholarships
- Peter & the Wolf
- How to Pay for College
- Reduce Stress Workshops
- Assessing Stroke Risk
- Uncommon Visionary
- Memoir Readings

**Page 4**

- Before the Parade
- Extras Summer Fun
- Wharton & James #s 5&6
- Music & Golf Events
- AARP Driver Safety
- Books & Films at the Scoville Library

**Insert**

- Calendar for May



**SALISBURY SAMPLER**  
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### FORECLOSURE HELP

Some Salisbury homeowners have not been immune to the economic downturn. For those in that unfortunate situation of facing foreclosure, there are additional helpful programs available. A new federal program known as HARP (Home Affordable Refinance Program) is designed to help people before they fall behind with payments. Find information on HARP at the bank currently holding the mortgage. Connecticut has a new program, the Emergency Mortgage Assistance Program; its website is [www.chfa.org](http://www.chfa.org).

### SUMMER REC PROGRAMS

For this summer the Salisbury Recreation Commission offers Salisbury residents: swim lessons, tennis lessons, swim team, life guard training, kayaking and sailing. Registration information is available on the town website [www.salisburyct.us](http://www.salisburyct.us) (click on recreation news on the right side of the page). Registration forms are also at Salisbury Town Hall and the Town Grove. Turn in registrations no later than June 19 with the registration fee. For more information, contact Lisa McAuliffe at 435-5186, or email [salisburyctrec@yahoo.com](mailto:salisburyctrec@yahoo.com).

### SOAR QUIZ BOWL

The Salisbury Central School (SCS) After School Enrichment Program hosts its second annual SOAR Quiz Bowl on Friday, May 22 from 6:30–8:30pm, in the SCS

gym. Multi-generational teams of four people (at least one member must be over 18 years of age) are invited to share their knowledge in areas as diverse as world politics, children's literature, geography, pop culture, history, science, sports, local lore, etc. Registration for this popular event, emceed by SCS Principal, Christopher Butwill, is limited to 25 teams; entry can be completed on the SCS website (please click the SOAR link), or by calling 824-0866—use that number to have questions answered, too. Prizes will be awarded to the top three teams. The entry fee is \$1 for participants *and* audience members who also will be encouraged to participate in the competition. Refreshments will be available.

### EDUCATION GRANTS

Salisbury Family Services, a non-profit organization founded in 1930 to provide assistance to town residents, is accepting applications for its Educational Grants in Aid Program. Applicants must reside in the Town of Salisbury (includes Amesville, Lakeville, Lime Rock, and Taconic). Awards will be granted to those demonstrating financial need, as well as motivation to succeed, and a commitment to goals and academic achievement. These grants are available to graduating seniors; for those students currently enrolled in college, they are renewable.

In addition, funds will be available to assist adults wishing to further their educations. Consideration also will be given to residents wishing to attend vocational schools.

Please call Patrice McGrath at Salisbury Family Services, 435-5187, to request an application or with questions about eligibility.

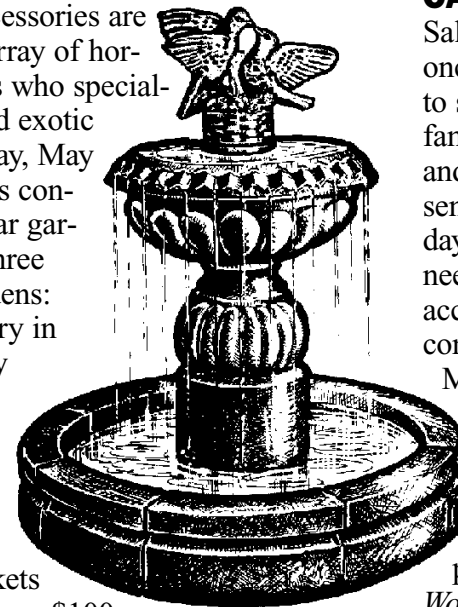
### TRADE SECRETS

Now in its ninth year, the show featuring more than 50 vendors from around the country will be held on Saturday, May 16, at the bucolic Lion Rock Farm in Sharon, CT. Sophisticated as well as whimsical garden antique ornaments, furniture, urns, and other garden accessories are mixed with an array of horticultural dealers who specialize in unique and exotic plants. On Sunday, May 17, Trade Secrets continues the popular garden tours with three exceptional gardens: Old Farm Nursery in Lakeville, Nancy McCabe in Falls Village, and Michael Trapp in Cornwall.

Saturday's early buying tickets for entry at 8am are \$100 including a continental breakfast. Regular admission from 10am–3pm costs \$35; Sunday's garden tour is \$50 (advance purchase). For information, go to [www.tradesecretsct.com](http://www.tradesecretsct.com), or call 364-1080.

### MUSICAL COMEDY

The American musical comedy has been a recognized theatrical movement since the late 19th century; however, its development into intelligent and creative entertainment unfolded over decades. Macey Levin will use various media to illustrate the growth of this American art form from its simple beginnings to its insightful maturity in a lecture at 4pm on Saturday, May 2, in the Wardell Room of the Scoville Library. For more information, call 435-2838.



### SCHOOL BUDGET VOTE

*Don't forget!* The High School Budget Referendum will be held Tuesday, May 5, at Salisbury Town Hall from Noon until 8pm. We urge all who are eligible to stop in and vote.

### CAMP SCHOLARSHIPS

Salisbury Family Services will once again provide scholarships to summer camp for children of families in need from Lakeville and Salisbury. The agency will send children to either resident or day camp, as well as special needs, arts, and sports camps. All accredited camp programs are considered. Please contact Patrice McGrath at 435-5187.

### PETER & THE WOLF

The Northwest Music Association presents two **free** performances of *Peter and the Wolf* on Sunday, May 24 at 4pm and 5:30pm at St. John's Church in Salisbury. Families are encouraged to take this opportunity to bring their children to see this classic music and dance tale. The musicians, The Hermes Wind Quintet, are renowned performers who play with ballet orchestras throughout the world. The story will be narrated by Duane Estes and is directed by Terre Lefferts.

### HOW TO PAY FOR COLLEGE

The complicated college landscape has recently become even more rocky and uncertain. Join independent educational consultant Dr. Matthew Greene of Howard Greene and Associates as he talks about the impact of the economic situation on admissions and how families are paying for

college. He will focus on the core principles on which parents and students should concentrate. Key trends, such as changes in standardized testing, demographic shifts, and early applications, will be discussed. Much time will be allotted for questions. The discussion will be on Sunday, May 31 from 2–4pm in the Wardell Room. For more information, call 435-2838.

### REDUCE STRESS WORKSHOPS

Local author, teacher, and psychotherapist, Richard Grossman, is offering two workshops focusing on actions to take to reduce the fear and stress associated with pain or imbalance. These actions can amend negative beliefs and behaviors that have eroded well being, thus creating a stronger and more centered self to help identify the strengths and virtues already possessed that can help achieve meaning in the world and ground the critical choices one makes, even in the face of difficult and unsettled conditions. Drawing on ancient and modern traditions, learn how words and silence, breathing techniques, visualization and imagery, self-hypnosis, meditation and contemplation, touch, and movement can encourage healing and breed wholeness in oneself and those we seek to help. The discussions will be on two Saturdays, May 9 and May 16, at 2pm in the Wardell Room. For more information, call 435-2838.

### ASSESSING STROKE RISK

May is National Stroke Awareness Month. Join local neurologist, Dr. Jack Finkelstein, and Sharon Hospital's (a designated

primary stroke center) stroke program coordinator, Melissa Braislin, to understand the anatomy of stroke and how to decrease risk. Individualized stroke assessments will be available after the lecture.

Stroke affects 700,000 people a year, and is the third leading cause of disability in America. The lecture and risk assessments will be Thursday, May 14 at 4pm, in the Wardell Room of the Scoville Library. For more information, call 435-2838.



### UNCOMMON VISIONARY

As part of an ongoing celebration of the anniversary of the birth and death of celebrated harpsichordist and Lakeville resident Wanda Landowska, Crescendo will be screening the 1997 documentary, *Wanda Landowska: Uncommon Visionary*. This film explores the life and music of Landowska with interviews and historical footage of the musician herself. It will be shown Sunday, May 10 at 2pm, in the Wardell Room of the Scoville Library. For more information about Crescendo and events honoring Landowska, visit [www.crescendoberkshires.org](http://www.crescendoberkshires.org).

### MEMOIR READINGS

Join participants from last fall's two memoir workshops (led by local author Carol Ascher) as they read excerpts from the high-quality writings they produced in these seminars. They demonstrate the richness and texture of lives that may, on the surface, seem ordinary, but, in fact exhibit moving