

**New Wave Rays
Regional Youth Swim Team
Twice weekly practices
Saturdays 10:30-11:30am
Mondays 6:30-7:30pm
Hotchkiss Pool**

Fall Season 2024 Sept 28th-Dec 16th

Winter Season 2025 January 6th-March 29th

AGES 7+

Swimmers aged 7+ who want to improve their speed, efficiency, and endurance in the four competitive strokes. We will spend time learning and improving starts and turns as well as build racing speed. SWIMMERS MUST BE ABLE TO SWIM 25 YARDS OF FREE STYLE. All swimmers will be evaluated on the first day. If a swimmer does not pass a full refund will be issued

\$250.00 per season

10% sibling discount \$225.00/each

**FOR INFORMATION or to
REGISTER:**

**Contact Rick Shanley at
newwaverays@zohomail.com**

